

# Brockport Central School District

## Middle and High School Lunch Menu March 2024

Meat/Meat Alternative
Grain
Fruit
Vegetable
Milk
🍏 NY State Product

Monday	Tuesday	Wednesday	Thursday	Friday
<b>26</b> <b>Chicken Smackers With a Mini Pretzel</b> Steamed Green Beans Steamed Carrots Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk B	<b>27</b> <b>Chicken Tikka Masala with Rice</b>  Golden Sweet Corn Taco Fiesta Black Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk C	<b>28</b> <b>Italian Dunkers</b> Steamed Broccoli Steamed Carrots Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk D	<b>29</b> <b>Breaded Chicken Drumstick with Cornbread</b> Mashed Potatoes Steamed Carrots Cupped Fruit Assorted Fresh Fruit Assorted Milk A	<b>1</b> <b>Three Cheese Cavatappi with a Mini Pretzel</b> Buffalo Cauliflower Celery Sticks Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk B
<b>4</b> <b>Chicken Patty on a WG Roll</b> Steamed Carrots Celery Sticks Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk C	<b>5</b> <b>Cheeseburger Or Hamburger Blue Devil Plate</b> Tater Tots Baked Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk D	<b>6</b> <b>Italian Sausage w/ or w/o Peppers &amp; Onions</b> Mashed Potatoes Tossed Salad Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk A	<b>7</b> <b>Pasta with Meatballs Or Plain Sauce with a Breadstick</b> Garlic Parm Broccoli Steamed Green Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk B	<b>8</b> <b>Toasted Cheese Sandwich Or Breaded Fish Sandwich</b> Tomato Soup Coleslaw Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk C
<b>11</b> <b>Orange Chicken With an Egg Roll &amp; Fortune Cookie</b> Steamed Green Beans Celery Sticks Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk D	<b>12</b> <b>Taco Bar with Seasoned Rice</b> Golden Sweet Corn Taco Fiesta Black Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk A	<b>13</b> <b>Broccoli Cheddar Soup with Garlic Knots</b> Steamed Carrots Tossed Salad Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk B	<b>14</b> <b>French Toast Sticks With Sausage Patties</b> Apple Crisp Hashbrown Patties Cucumber Wheels Cupped Fruit Assorted Fresh Fruit Assorted Milk C	<b>15</b> <b>Mac &amp; Cheese w/a Mini Pretzel Or Breaded Fish Sandwich</b> Chili Garlic Parm Broccoli Coleslaw Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk D
<b>18</b> <b>Chicken Tenders with a Mini Pretzel</b> French Fries Baby Carrots Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk A	<b>19</b> <b>Chicken Quesadilla With Veggie Rice</b> Golden Sweet Corn Taco Fiesta Black Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk B	<b>20</b> <b>Pulled Pork Sandwich</b> Mashed Potatoes Tossed Salad Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk C	<b>21</b>  <b>Pasta with or without Italian Sausage</b> Steamed Green Beans Sweet Peas Cupped Fruit Assorted Fresh Fruit Assorted Milk D	<b>22</b> <b>Mozzarella Sticks w/Sauce Or Breaded Fish Sandwich</b> Steamed Broccoli Coleslaw Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk A
<b>25</b> <b>Chicken Smackers With a Mini Pretzel</b> Steamed Green Beans Steamed Carrots Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk B	<b>26</b> <b>Cheeseburger Or Hamburger</b> French Fries Baked Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk C	<b>27</b>  <b>Chicken Tikka Masala with Rice</b> Steamed Broccoli Tossed Salad Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk D	<b>28</b> <b>Pizza Crunchers w/Sauce Or Breaded Fish Sandwich</b> Buffalo Cauliflower Steamed Carrots Cupped Fruit Assorted Fresh Fruit Assorted Milk A	<b>29</b> <b>NO SCHOOL TODAY!</b> 

Menu subject to change depending on product availability.

### Breakfast Menu:

This institution is an equal opportunity provider.

#### Mondays

Assorted Breakfast Breads  
 Assorted Breakfast Sandwiches  
 Cereal, Muffin, Poptart, or Yogurt  
 Fresh Fruit, Juice or Cupped Fruit & Milk

#### Tuesdays

Assorted Cinnamon Rolls  
 Assorted Breakfast Sandwiches  
 Cereal, Muffin, Poptart, or Yogurt  
 Fresh Fruit, Juice, or Cupped Fruit & Milk

#### Wednesdays

Bagel with Condiment  
 Assorted Breakfast Sandwiches  
 Cereal, Muffin, Poptart, or Yogurt  
 Fresh Fruit, Juice, or Cupped Fruit & Milk

#### Thursdays

Breakfast Crunch Wrap  
 Assorted Smoothies  
 Cereal, Muffin, Poptart, or Yogurt  
 Fresh Fruit, Juice, or Cupped Fruit & Milk

#### Fridays

Assorted Waffles  
 Assorted Breakfast Sandwiches  
 Cereal, Muffin, Poptart, or Yogurt  
 Fresh Fruit, Juice, or Cupped Fruit & Milk

**Served Daily:**  
 Assorted Pizzas  
 Made to Order Deli Bar  
 Buffalo Chicken  
 Salad Plate  
 Chicken Caesar Salad Plate  
 Julienne Salad Plate  
 Vegetable Salad Plate  
 PBJ  
 Yogurt Parfait

 **Choice of Milk:**  
 1% White Milk  
 Skim Milk

Low Fat Chocolate

**Every Meal Includes:**

2 Servings of Fruit and  
 1 Serving of Each  
 Vegetable.

Every meal must  
 include a 1/2 cup fruit  
 or vegetable.

**Meal Prices:**

**Full Breakfast:** Free at this time.

**Reduced Breakfast:** Free at this time.

**Full Lunch:** Free at this time.

**Milk:** \$.70

**Reduced Lunch:** Free at this time.

**Food Service**

**Contact:**

**Phone:**

(585) 637-1846

**Email:**

[Foodservice@bcs1.org](mailto:Foodservice@bcs1.org)

If you have a food allergy,  
 please notify us.  
 Allergy information is available  
 for prepared food items upon  
 request.